

Center for Education and Research "Nahla" Sarajevo
Center for Education and Research "Nahla" Bihać
Educational center "Nahla" Tuzla



ANNUAL REPORT

August 2022 – September 2023.



*Using the transforming power of knowledge,
we drive change and build a better future
for women in Bosnia and Herzegovina*

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Bosnia and Herzegovina*

October 2023.

OUR VISION

An educated and empowered woman who changes the world.

OUR MISSION

To empower women through education and creation of stimulating environment for their personal development and competent participation in social processes.

OUR GOALS

- Following the principle of “Knowledge available to all” offer educations that help women on their way to personal growth, professional development, better social engagement and action, and economic empowerment and independence.
- To encourage a woman to become an active citizen, learn about the challenges of the environment, the rights and opportunities available to her in order to improve the quality of life and her social status, take an active role in building society and feel good in all the roles she chooses.
- Raise awareness of the role of religion in civil society and the importance of establishing a dialogue between men and women, various non-governmental organizations, religious communities and government institutions.
- Work on the development of leadership skills and awareness among young people about the need to be active participants in changing the environment for the better and educate them about tools and practices that can help them in this.
- Research, theoretically and empirically, issues of importance for women, their rights, social engagement, religion and identity in contemporary civil society.

INTRODUCTORY MESSAGE



Dear donors, friends and associates,

We present to you another annual report whose purpose is to showcase Nahla's achievements over the past operational year. We have made an effort to convey a part of what can be quantified and visualized through numbers and photos. It is important to bear in mind that the profound transformations that occur during and extend far beyond the lasting period of our programs – the processes of networking, empowerment, enhanced quality of communication, new friendships and innovative ideas – are aspects we take immense pride in, but you will not be able to find them in reports like this. Nevertheless, they do exist and represent a lasting value in the lives of numerous women within Bosnian society and worldwide, as our participants continue to carry them.

This year's report includes a dedicated section in which we introduce Nahla as a meeting point for mutual encounters and understanding. While we have always believed this to be true since our beginnings, we find it important to raise awareness about Nahla becoming an essential destination for study visits from various research centers, adult education institutions across Europe, activist groups, and all those who, whether for a full day, half a day, or an extended period spend their time at Nahla, learn from our experiences, examine the way in which we achieve our goals and objectives, reach our target audience, develop our programs, sustain our envisioned concept and continue existing in a challenging environment. With some, we continue our collaboration, with others, we engage in knowledge exchange, and many of them take our experiences with them as valuable knowledge that they incorporate into their future work and initiatives.

As crucial as our continuous existence and work over the past 20 years may be, becoming an undeniable reality in Bosnian society, we consider it equally significant that we have successfully established quality as a fundamental aspect of our future endeavors and as a concept from which others can learn as well.

This year, working with youth remained one of our most cherished activities, with a significant number of volunteers and young activists learning and growing to shape the future of this country and any environment they may find themselves in. The increasing number of these young women empowers us and reinstates our faith in the importance of our mission, renewing hope for a brighter future. It assures us that there are many young individuals who bear the responsibility and feel the need to act and advocate for a better society and its values. We believe that this dose of optimism has never been more needed!

This report will undoubtedly reveal the extent of our continued collaboration with numerous serious international and local partners. It will demonstrate the diversity and complexity of the projects through which we bring closer our vision that an educated and empowered woman can change the world. Establishing such trust is a continuous and tireless effort, day by day, taking care of every detail and the needs of each of our beneficiaries, all while never losing sight of the broader picture in which we place our work. Behind this tremendous effort stands a team of 35 dedicated employees who diligently carry out their tasks, over 80 permanent associates who uphold their status through their professionalism, and dozens of volunteers, friends of this idea and project who contribute in their own ways to keep this story alive and inspiring, throughout all these years.

We wish and pray for light to overcome darkness, for those who wish and do good on Earth to become the loud majority and for courage to always be our commitment.

Sehija Dedović, President

ACTIVITY SCHEME



ADULT EDUCATION

- TRAINING FOR (SELF) EMPLOYMENT
- IT EDUCATION
- FOREIGN LANGUAGES
- CREATIVE AND ART COURSES



BUSINESS SUPPORT AND MENTORING

- MENTORING SUPPORT
- COMMUNITY AND NETWORKING
- MEDIATION IN EMPLOYMENT



SERVICES

- LIBRARY AND READING ROOM
- PLAYROOM FOR CHILDREN
- CAFETERIA
- FITNESS CENTER



PERSONAL DEVELOPMENT AND SUPPORT

- PSYCHOLOGICAL COUNSELING
- BUSINESS COUNSELING
- SPEECH THERAPY COUNSELING
- HEALTHY DIET COUNSELING
- LIFE SKILLS
- HEALTHY LIFESTYLES
- EDUCATION ABOUT FAITH AND SPIRITUALITY
- CAMPAIGNS AND ACTIONS



YOUTH EMPOWERMENT AND LEADERSHIP

- TEEN CLUB
- YOUTH CLUB "TIGNUM"
- EDUCATION OF YOUNG ACTIVISTS
- INITIATIVE "PRVI"



SOCIAL RESEARCH

- THEORETICAL AND EMPIRICAL RESEARCH ABOUT ADULT EDUCATION, WOMAN, SOCIETY,
- HUMAN RIGHTS AND RELIGION
- PREPARATION AND PUBLICATION OF STUDIES AND MANUALS
- TRANSLATION OF PROFESSIONAL PAPERS
- MASTER AND PHD THESIS

EMBRACING THE NEW WORK YEAR WITH A NEW VISUAL IDENTITY

The new visual identity of Nahla was created in line with the developmental changes and dynamics that have characterized our work in the previous, second decade of our existence. As we step into a new phase of maturity and seriousness in our 24th year of operation, we have marked this transition by creating a new logo which embraces a new design language that aligns with contemporary trends: simplicity, transparency, and flexibility.

The new visual identity combines the initial letter of Nahla (in Arabic "bee") with elements inspired by the wings of a bee in flight, a circle symbolizing wholeness, unity, and completeness, as well as a diamond representing enlightenment and the profound value of the journey towards better and deeper understanding of the world around us.

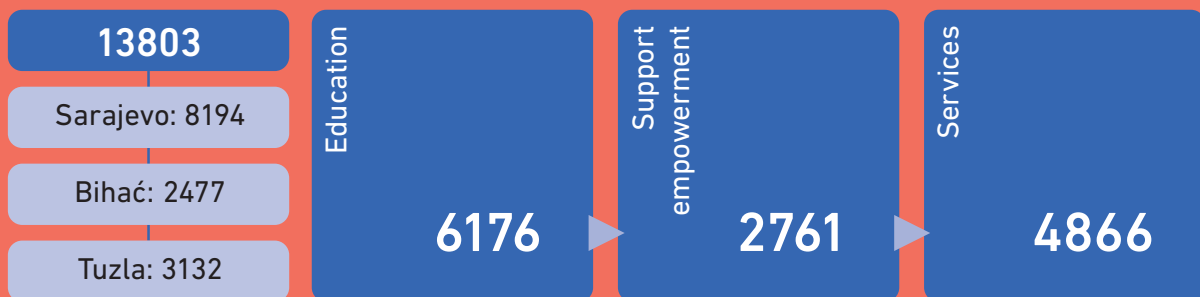
With a commitment to dedication, teamwork, and collaboration – with an open heart, we continue our journey towards new successes and achievements in the fields of education, empowerment, and support.



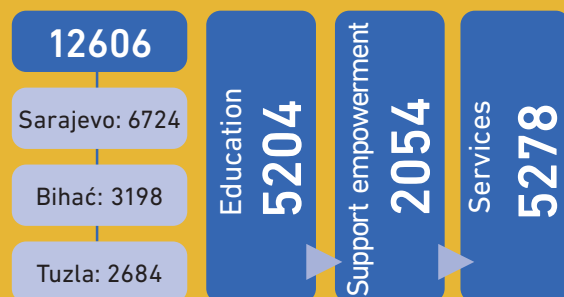


PREVIOUS YEARS IN NUMBERS

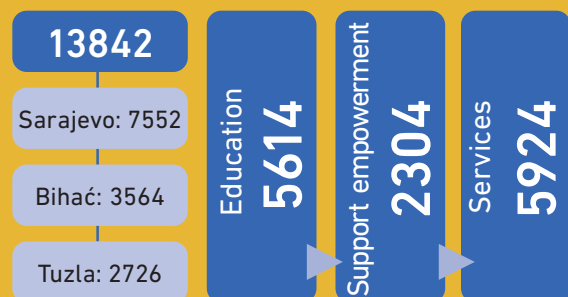
TOTAL NUMBER OF USERS IN 2022/23.




TOTAL NUMBER OF USERS IN 2020/21.




TOTAL NUMBER OF USERS IN 2021/22.



NAHLA IN 2022/23

Different Nahla's activities
in three cities used **13803** 

in **125** adult educational
programs participated **6176** 



ADULT EDUCATION

Education leads to better opportunities
for a dignified life and work

ADULT EDUCATION

Skills for dignified living and work

Capacitating and enhancing the skills of women through education for dignified work was Nahla's focus for this year.

In addition to our commitment to make knowledge accessible to everyone, providing access to quality education in all aspects of women's lives will enable them to lead, primarily, dignified lives as well as work.

Our goal is for educated women to actively take part in the country's economy through dignified employment, as well as to be engaged in processes and decisions that are crucial for their own lives as well as the community.

Education for equal opportunities for everyone

Regardless of the socioeconomic background, quality education should be available to everyone. Through the process of activation of the community and partnerships, we paid special attention this year to creating opportunities **for free access to current educational programs** that lead to employability or improved prospects in existing workplaces.



ADVANCEMENTS IN THE FIELD OF ADULT EDUCATION

- In the Sarajevo Canton, a significant number of current IT educational programs, as well as educational programs in the textile and creative industries, were offered free of charge through scholarships.
- The Ministry of Education of the Sarajevo Canton accredited our Vocational training for sewing and tailoring in January 2023.
- In the Tuzla Canton, the main focus has been on vocational trainings from the field of administrative skills for unemployed individuals, but also as means of enhancing skills for current employees.
- In the Una-Sana Canton, Nahla started educational programs in the field of hospitality and hotel industry, with the aim of reaching excellence in work and improving standards in the field with significant potential for growth and employment.
- The enthusiasm for skills improvement largely depends on opportunities that are available. This applies to all segments of the population. Therefore, this working year was marked with numerous partnerships aimed at providing quality education in the field of vocational trainings for employment.

A total of 301 participants completed the following programs (training) for employment:

NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
QA - SOFTWARE TESTING TRAINING - Sarajevo	57	39
GRAPHIC DESIGN TRAINING - Sarajevo	30	120
USER INTERFACE/USER EXPERIENCE DESIGN TRAINING - Sarajevo	14	120
CLOTHING DESIGN TRAINING - Sarajevo	4	40
BUSINESS ADMINISTRATION TRAINING - Sarajevo	28	128
BUSINESS ADMINISTRATION TRAINING - Tuzla	21	120
TAILORING AND SEWING TRAINING – Sarajevo (Project: „ Local partnership for the activation and integration of unemployed persons into the labor market“, EU and ILO)	11	120
ENGLISH IN TOURISM TRAINING - Bihac ^{NEW PROGRAM} (Project: "Building a culture of excellence in hospitality - Training for innovative tourism experience in the Una-Sana Canton", USAID)	81	160
HYGIENIC STANDARDS IN TOURIST ACCOMMODATION TRAINING - Bihac ^{NEW PROGRAM} Project: "Building a culture of excellence in hospitality - Training for innovative tourism experience in the Una-Sana Canton , USAID)	20	80
HOSPITALITY EXCELLENCE TRAINING – Bihac ^{NEW PROGRAM} Project: "Building a culture of excellence in hospitality - Training for innovative tourism experience in the Una-Sana Canton", USAID)	35	120

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Amina Suljić - I'm still learning!

Let this be my message to everyone that knowledge and skills acquired through formal education can be complemented and applied today in fields that, at first glance, may not seem closely related to the profession we ultimately pursue.

I graduated in geodesy and geometry from the Faculty of civil engineering in Sarajevo. I am currently employed at the IT company Sunray d.o.o. in Sarajevo, and I work as QA (Quality Assurance) and Project Manager. Here's how all of that actually happened. During and after my studies, in my job-seeking phase, I consistently learned through informal education and volunteering activities. Nahla's Youth Club Tigum played very important role in this process. Furthermore, there was the QA (Quality Assurance) Software Testing vocational training at Nahla, for which I received a scholarship and which I enrolled in because I wanted to learn beyond the limitations of my studies while still using the knowledge and skills I already possessed. The concept of test automation was intriguing to me, something entirely new, and therefore, a challenge as well, and I'm very pleased to say that I was able to follow and master the material.

On the other hand, there are plenty of opportunities for advancement, there is always something new to be researched, learned, and applied. I'm especially glad that we used the Python programming language, which I plan to continue learning. I hope and believe that I will acquire enough knowledge and experience in the future through practical work in my current job in order for me to become a mentor to others, following the example of all those from whom I have learned and am still learning.



Education as a stepping stone to a successful career



Non-formal education for youth skill development

CER Nahla recently provided support to young individuals from a total of 13 municipalities and cities in Bosnia and Herzegovina, as part of the #ReLOaD project - Regional Program of Local Democracy in the Western Balkans funded by the European Union in Bosnia and Herzegovina and implemented by the United Nations Development Program (UNDP Bosnia and Herzegovina). Volunteers from these municipalities attended accredited educational programs in CER Nahla and they came from following municipalities: Centar Sarajevo, Novo Sarajevo, East Sarajevo, Vitez, Rudo, Ugljevik, Gacko, Goražde, Bihać, and Gradiška. **Our involvement in**

youth skill development, alongside other stakeholders, demonstrates our collective commitment to nurturing an environment for the growth and empowerment of young individuals.

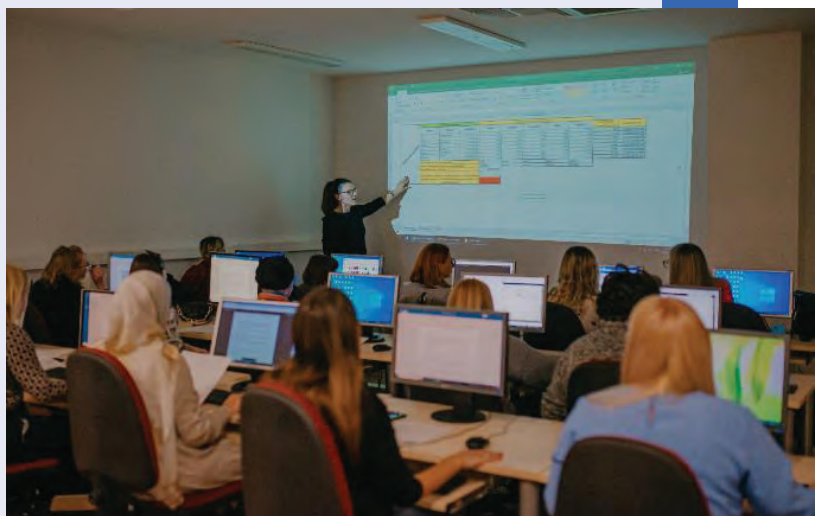
IT education

Within our educational programs in the field of IT, we have recognized the importance of orientation approach and introductory classes to a larger number of our participants, as well as the importance of shorter courses that are aimed at helping them in the process of identification of possibilities to professionally pursue chosen fields. In addition to new programs, such as the latest programming languages, we have also implemented courses from the field of design, as well as tools for data processing and management.

Maša Čengić - Programming is not hard!

First, it was very important for me to understand that programming is not hard and can be mastered. It is very important to recognize the need for continuous education in this field, especially after establishing a solid foundation.

The program I went through, "Programming in Python," had both an educational and highly motivating element for me. I was the oldest participant in the group, but I adapted very well. The tools I've mastered, and which refer to data analysis, will undoubtedly benefit me in my job thanks to practical tips and guidance that often extended beyond the curriculum. I am continuing my learning journey because I firmly believe that programming is not a hard!



IT education in numbers

NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
BASIC COMPUTER SKILLS COURSE - Sarajevo	32	13
BASIC COMPUTER SKILLS COURSE - Tuzla	24	13
EXCEL – SHORT COURSE (basic) - Sarajevo	30	20
EXCEL – SHORT COURSE (basic) - Tuzla	17	20
EXCEL – SHORT COURSE (advanced) - Sarajevo	11	20
C++ PROGRAMMING - basic level - Sarajevo	6	20
INTRODUCTION TO PYTHON - Sarajevo <small>NEW PROGRAM</small>	7	20
SQL COURSE - Sarajevo	10	20
ADOBE PHOTOSHOP COURSE - Sarajevo	7	20
FIGMA FOR BEGINNERS COURSE - Sarajevo <small>NEW PROGRAM</small>	30	6
IT CERTIFICATION (Sarajevo, Bihac, Tuzla)	180	1 h/person



Foreign languages

New courses and a new approach to learning

This year, linguistic and cultural diversity in our surroundings has been enriched with **new foreign language programs as well as new learning approaches**.

At the beginning of the working year, we realized workshops on topics such as goal setting in language learning, successful communication in a multilingual environment, and language learning in augmented reality.

Apart from our established programs, we introduced new language courses this year, including Spanish, French, conversational English for teenagers, English language for tourism, and a workshop on using Turkish language in everyday situations. We are committed to offering new language courses and innovative learning approaches in the upcoming working year as well.



Foreign languages in numbers

NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
ENGLISH LANGUAGE COURSES (basic and advanced) - Sarajevo	75	44
ENGLISH LANGUAGE COURSES (basic and advanced) - Tuzla	50	44
ENGLISH LANGUAGE COURSES (conversational) - Sarajevo	29	32
ENGLISH LANGUAGE COURSES (conversational) - Tuzla	5	32
ENGLISH LANGUAGE COURSES (conversational with native speaker) - Sarajevo	17	20
CONVERSATIONAL ENGLISH FOR TEEENS - Sarajevo <small>NEW PROGRAM</small>	29	20
BUSINESS ENGLISH COURSES - Sarajevo	24	20
GERMAN LANGUAGE COURSES (basic and advanced) - Sarajevo	22	44
GERMAN LANGUAGE COURSES (conversational) - Sarajevo	16	32
TURKISH LANGUAGE COURSES (basic and advanced) - Sarajevo	27	44
TURKISH LANGUAGE COURSES (conversational) - Sarajevo	8	32
SPANISH LANGUAGE COURSES (A1.1. i A1.2) - Sarajevo <small>NEW PROGRAM</small>	23	22
FRENCH LANGUAGE COURSES (A1.1) - Sarajevo ONLINE <small>NEW PROGRAM</small>	7	22
BOSNIAN FOR FOREIGNERS - Sarajevo ONLINE	17	22
LANGUAGE CERTIFICATION - ENGLISH - Sarajevo, Bihać, Tuzla	123	1h/person
LANGUAGE CERTIFICATION - TURKISH - Sarajevo	2	1h/person
LANGUAGE CERTIFICATION - BOSNIAN - Sarajevo	1	1h/person
Workshop: Setting goals in language learning - Sarajevo	17	1,5 h
Lecture: Elements of successful communication in a multilingual environment - Sarajevo	13	1,5 h
Workshop: Turkish in everyday situations - Sarajevo	12	1,5 h
WEBINAR: "Language learning: from the classroom to augmented reality" - Sarajevo	72	1 h

Creative and artistic courses

A total of 658 participants were introduced to modern and classical artistic techniques, vocations, and hobby crafts through creative workshops and courses. Besides employment or self-employment in this field, a significant number of participants were motivated through effective spending of their time through learning about potential hobbies, as well as engaging in work-occupational therapy in a relaxing and inspiring atmosphere. This year, we aimed to revive and continue the tradition of some of the most widespread crafts in our cultural heritage while involving women in the third stage of life to enhance socialization, prevention, and education.



Fadila Demirović - Knitting has given me confidence and enriched me as a person

Knitting enriched me personally, inspired me through gaining new knowledge and introduction to new and dear individuals. I believe that joining programs like these, especially in the third stage of life, would benefit anyone because not only is it useful, but it also broadens our horizons and allows us to progress in our community and most importantly, it helps us individually, since knitting works as therapy.

I am 71 years old, currently retired, and very active. I frequently follow programs on different topics in Nahla, and I would recommend them to my fellow citizens because opportunities do exist. What I find useful and necessary are, in addition to workshops for handmade and creative work, workshops on healthy nutrition and activities related to land cultivation and gardening – all activities that can be easily applied in everyday life, where we become physically active and helpful alongside gaining knowledge.



Creative and artistic courses in numbers:

NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
SEWING COURSES - Sarajevo	279	40
SEWING COURSES - Tuzla	120	40
SEWING COURSES - Bihac	31	40
SEWING COURSES FOR TEENS	24	96
PHOTOGRAPHY - INFO CLASS	10	40
KNITTING COURSE	15	3
LET'S KNIT WITH THREADS OF IMAGINATION: Creative knitting workshops for women of the third age (Project "Age is just a number") - Bihac	8	30
WEAVING COURSE FOR WOMEN OF THE THIRD AGE (Project "Age is just a number") - Sarajevo	11	16
CREATIVE WORKSHOPS: PAINTING COURSE FOR WOMEN OF THE THIRD AGE (Project "Age is just a number") - Tuzla	10	32
WORKSHOP: DOTTING TECHNIQUE - Sarajevo	34	22
WORKSHOP: DECOUPAGE - Tuzla	27	4
WORKSHOP: GLASS PAINTING - Tuzla	25	3
WORKSHOP: PAINTING ON ALU FOIL - Tuzla	15	3
WORKSHOP: HAND SEWING - Tuzla	5	3
WORKSHOP: Natural soap making - Tuzla	11	3
WORKSHOP: MEET THE WORLD OF HENNA TATTOOS - Bihac	10	3
WORKSHOP: HENNA TATTOO - Bihac	15	3
WORKSHOP: SLIKANJE NA ALU FOLIJI - Bihać	279	3

Creativity as the art of dressmaking - tailoring and sewing

Accreditation of Nahla's non-formal adult education program – Vocational training for tailoring and sewing

For over 15 years, through different forms, CER Nahla has been implementing creative programs of tailoring and sewing. In January 2023, the Ministry of Education of the Sarajevo Canton accredited Nahla's non-formal adult education program - vocational training for tailoring and sewing, which will provide additional employment opportunities for the participants in this program.

Over the years, this creative and artistic program has brought together participants from different backgrounds, age groups, educational levels, and social statuses around a common interest and this is very important for strengthening community cohesion. On the other hand, such a diverse group contributes to the improvement of self-confidence, greater involvement of the people who are part of the community, new prospects in the field of employment, as well as motivation for further learning. **In the past year, a total of 454 participants attended tailoring and sewing programs in our centers in Sarajevo, Tuzla, and Bihać.**

The handworks produced in Nahla's creative workshop often serve as a source of pride and empowerment, not only for the participants but also for the communities in which they live. One such story started on a sewing course at Nahla and transformed into an entrepreneurial initiative that resulted in the founding of the Stilizzo brand.



Stilizzo - from a sewing course to a brand!

Adna Dozo decided to turn her idea and dream of designing and creating clothes into reality. She had a strong desire but lacked the knowledge and skills, so she enrolled in Nahla's sewing course. After completing it, Adna bravely started her entrepreneurial trip by establishing the Stilizzo, the brand where unique clothing pieces are born.

When it comes to the importance of the course in her journey, Adna stated, "I recommend this sewing and tailoring course to everyone. I am so grateful to the instructors for their sincere and selfless knowledge sharing, as they had really great influence on my knowledge and experience. It is important to me to create dresses from quality materials and through quality craftsmanship and to design details that will make the clothing item I've created even more special."

FAITH AND SPIRITUALITY

This year, as in the previous ones, Nahla's religious programs have been guided by the belief that faith and spirituality can bring new values to the lives of every individual, every woman, to fill her with purpose and strength in all of her personal and professional struggles. We believe that a quality understanding of the messages of faith can be a great foundation for an individual to find peace and prosperity, which is the reason why we invest significantly in educational programs that will contribute to this.



"Two years of the School of Islam have completely transformed my life. I found tranquillity, peace, and happiness that I had always searched for, a deeper appreciation and gratitude, I become aware of the majesty of God in everything that surrounds me as well. Everything I learned at Nahla's School of Islam has made me a better person. I became more aware of my behaviour, and I felt fulfilled instead of lonely." (Emma, financial engineer)

"On the path of seeking answers, dealing with the consequences of trauma and violence, searching for the root causes of insecurity and issues with self-confidence, as well as becoming aware of our numerous identities, the faith can be of great assistance. **The School of Islam has strengthened my steps through life, eased my daily challenges, encouraged me to work on self-improvement, and showed me a new path that has changed me and empowered me.**" (Nermina, medical doctor)

At the top of Nahla's priorities in the field of education on faith and spirituality are also topics that help us become more acquainted with different religious and cultural traditions, accept diversity as the wealth of these areas, and seize the opportunity to better understand those with whom we share our place and time. **We believe that God, through creating diversity among people, cultures, languages, and nations, has given us guidance on how to see it as an advantage and an opportunity, and how to respect these principles and learn from each other, while exchanging values.** We try to convey these messages through all our programs that teach about faith.



Through different activist programs and educations at Nahla, faith is contextualized in the lives of modern individuals, while promoting messages that call for unconditional acts of kindness and charity, respecting human dignity as God's creation, and everything else that ensures order and peace on Earth.

Above all, we consider it our duty as part of civil society, and especially as a faith-based organization (FBO), to oppose any misuse of faith for the spread of hatred, disorder, fear, and anything that undermines trust and ultimately leads to conflict.

We believe that learning about faith, as well as other forms of lifelong learning, is crucial for an adult, and provides a different perspective on the values of faith and new possibilities to use them as an additional source of strength to promote and do good in our community and environment.

"Conversations about faith and the role of spirituality in our lives were most meaningful to me because of the freedom and courage that the teachers showed us, which motivated us to be brave in sharing our own opinions, even if they were not necessarily popular in our environment, and also to live our identities fully as we feel them." *(Amina, student, Sarajevo)*

EDUCATION ABOUT FAITH IN NUMBERS

NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
COURSE OF ISLAM – (Sarajevo, Tuzla and ONLINE groups)	155	230 X 4 groups
SCHOOL OF QUR'AN – (Sarajevo, Tuzla, Bihac and ONLINE groups)	955	165 X 76 groups
TAFSEER OF QUR'AN (Tuzla and ONLINE)	170	24 X 2 groups
QUR'AN – ART OF SOUND - Sarajevo <small>NEW PROGRAM</small>	33	15
ARABIC LANGUAGE THROUGH THE QUR'AN - Sarajevo	50	36 X 3 groups
MY SPIRITUAL JOURNEY – FROM BELIEF TO PRACTICE – cycle of seminars for beginners (Sarajevo, Tuzla, Bihac and ONLINE)	195	15 X 4 groups
SEMINAR: „My prayer“ – how to pray in Islam for beginners (Sarajevo, Tuzla, Bihac and ONLINE)	66	12 X 4 groups
SEMINAR: NEW DIMENSIONS OF PRAYER - Bihac	15	12
LIFELONG LEARNING PROGRAM IQRA – Bihac <small>NEW PROGRAM</small>	37	45 x 2 groups
TRAINING FOR SOCIALLY ENGAGED ACTION FOR FEMALE THEOLOGIANS - Tuzla	13	16
WEBINAR CYCLE: LET'S TALK ABOUT WHAT WE DON'T TALK ABOUT - SEXUAL AND GENDER IDENTITY - DR AMBER KHAN <small>NEW PROGRAM</small>	200	3 X 4 webinars
WEBINAR CYCLE: THE POSITION OF WOMEN IN ISLAM - THE QUR'ANIC PERSPECTIVE – DR BASMA ABDELGAFAR <small>NEW PROGRAM</small>	68	3 hours
WEBINAR CYCLE: FAMILY RELATIONS AND RIGHTS - QUR'ANIC PERSPECTIVE - DR JASSER AUDA <small>NEW PROGRAM</small>	90	3 hours
PANEL DISCUSSION: PROPHET'S LEGACY FOR FUTURE GENERATIONS (Sarajevo, Tuzla, Zenica, Bihac, Viena and Gratz)	363	2 hours X 6 panel discussions
POSITIVE COMMUNITY – training for members of jamaat boards	15	30

Bee Inspired – a platform for spiritual strength and inspiration

Nahla's web platform, beeinspired.ba, is a key channel for promoting all of Nahla's educational programs in the field of faith and spirituality and it serves as a resource base that provides our participants and all other visitors with a quality selection of articles and resources in Bosnian language, as well as answers to different questions and dilemmas, and the opportunity to enjoy values inspired by faith on a daily basis.

In its second year of active operation, the website recorded 218,000 visits and 39,000 unique visitors, while the Facebook page reached 6,500 followers (data obtained in July 2023). A total of 25 articles and 29 announcements for educational programs and events were published, along with 50 prepared Facebook and Instagram posts. Moreover, participants in religious programs at Nahla gain access to an internal database of working materials through the platform as well.

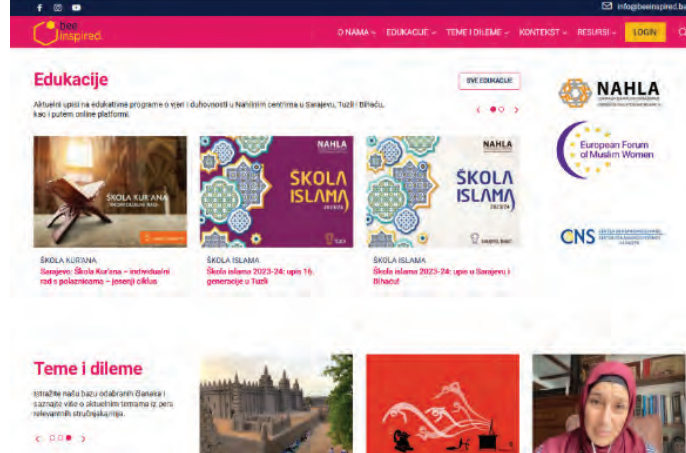
We launched the platform in the month of Ramadan in 2021 with the aim of providing more space for the religious programs we organize, expand their reach, and increase the visibility of topics that are important for the identity of Muslim women, as well as understanding and practicing faith in various contexts of modern society. We deliver created content through the website beeinspired.ba, the Facebook page @beeinspired.ba, and, since Ramadan 2022, the platform has its own Instagram page as well.

In the past year, we also conducted two series of webinars, with a total of 6 episodes. In May 2023, in collaboration with the Center for Islam in the Contemporary World (CICW) from Virginia and the Center for Advanced Studies in Sarajevo, a series of webinars with 4 episodes titled "Let's Talk About What We Aren't Talking About!" was realized with Dr. Amber Khan. Webinars covered topics significant for education in the modern social context, which are rarely discussed within our educational system (puberty and the changes it brings, sexuality and identity, mental health, positive use of technology). In June 2023, two episodes of the webinar "Marriage and family, the Quranic perspective" were conducted with Dr. Basma Abdelgafar and Dr. Jasser Auda, prominent experts and researchers in the field of Islamic law, who spoke about the roles and positions of women from the Quranic perspective, communication in marriage, resolving conflict situations, and provided answers to various questions related to marriage and family from the perspective of Islamic sacred texts.

The platform's most intense activity was during Ramadan, and we recorded the highest number

of visitors during that period. As for the followers structure, most of them are coming from Bosnia and Herzegovina, followed by Germany, Serbia, Austria, Croatia, Switzerland, and Montenegro.

In the coming year, the main focus of the platform is planned to be more intensive creation of multimedia content in Bosnian language and the improvement of the technical capacities of the platform and its better alignment with the brand and identity of CER Nahla.



PERSONAL DEVELOPMENT AND SUPPORT

Programs that lay the foundations for future changes

PERSONAL DEVELOPMENT AND SUPPORT

Psychotherapeutic work and counselling

The provision of counselling and psychotherapy services continued during the previous working year, both in our premises and in online format. Counselling and psychotherapy services became available in English and Arabic language as well.

Through cooperation with the association Pomozi.ba, we provided a total of 200 free psychotherapy sessions and counselling services for individuals in difficult socioeconomic situations.

The provision of speech therapy and services with focus on improving children's speech skills continued, while nutritional counselling was also available at Nahla's center in Tuzla.

In this working year, 24 individuals had the opportunity to attend career and business counselling in Tuzla and Sarajevo, while our center in Bihać did not offer this type of support due to a lack of qualified personnel for career counselling. We hope to be able to offer this kind of support to the residents of this canton as well in the upcoming period.



ADVANCES IN THE FIELD OF PERSONAL DEVELOPMENT AND SUPPORT

- Counseling and psychotherapy services became available in English and Arabic.
- New types of life skills education were offered, with a focus on parenting and financial literacy
- Support for physical and mental health was focused on women in their third age
- Support was provided to various vulnerable groups of women (earthquake victims and victims of violence) through campaigns and actions.

NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
PSYCHOLOGICAL COUNSELING (individual therapy)- Sarajevo	833	60 min/ therapy session
PSYCHOLOGICAL COUNSELING (individual therapy)- Tuzla	257	60 min/ therapy session
PSYCHOLOGICAL COUNSELING (individual therapy) - Bihać	154	60 min/ therapy session
PSYCHOLOGICAL COUNSELING (speech therapist) - Sarajevo	56	60 min/ therapy session
PSYCHOLOGICAL COUNSELING (speech therapist) - Bihać	9	60 min/ therapy session
CAREER & BUSINESS COUNSELING - Sarajevo	18	60 min/ therapy session
CAREER & BUSINESS COUNSELING - Tuzla	6	60 min/ therapy session
HEALTHY NUTRITION COUNSELLING - Tuzla	52	60 min/ therapy session

Personal development and life skills

Personal development and character building remained in the focus of our work, as we believe that every change starts at this level and forms the foundation for any further growth and action.

Education in the field of life skills this year has been particularly focused on communication skills, responsible parenting, and financial management.



NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
CYCLE OF SEMINARS: „The path through personal change” - Sarajevo	19	12
SEMINAR “ FINANCIAL SKILLS FOR LIFE” – Sarajevo <small>NEW PROGRAM</small>	38	12
SEMINARS: SCHOOL OF PARENTING - Sarajevo	112	24
SEMINARS: SCHOOL OF PARENTING - Bihac	110	24
SEMINARS: “Caring family - the basis of the development of a healthy society” - Tuzla	111	12
WEBINAR: SOUND DETOXIFICATION - Sarajevo	34	1 hour
WEBINAR: HOW TO PREVENT SEASONAL DEPRESSION - Sarajevo	31	1 hour
PSYCHOLOGICAL WORKSHOP: BETTER TO YOURSELF - Bihac	30	8



Healthy lifestyles

Investing in emotional and mental well-being (positive functioning) together with social well-being through relationships with others and towards society was achieved through a set of seminars, webinars, and workshops. This year, the focus was on the third age. Motivational seminars on physical health and nutrition were organized with the aim to help women in this age group to learn how to adapt their diet to their age and how nutrition can prevent various illnesses. Motivational seminars on mental health were organized as well, with the aim of helping them learn more about coping with the challenges of aging as well as various breathing and relaxation techniques. The experience from these activities showed that this population needs more activities that will improve their everyday lives and enable active aging and continuous learning of new skills, keeping in mind that this category of the population is often faced with prejudices and challenging factors in meeting their basic needs.

Implemented activities aimed at preserving and improving physical health included various types of programs created in accordance with the needs of the users, such as activities focused on nutrition, understanding the use of medications, seminars for pregnant women, and seminars on infectious diseases in children. **A total of 415 individuals participated in programs focused on improvement of mental and physical health.**



NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
SEMINAR: Preparation for pregnancy, birth and baby at home - Sarajevo	28	10
SEMINAR: Preparation for pregnancy, birth and baby at home - Bihac	22	10
SEMINAR: INFECTIOUS DISEASES IN CHILDREN AND HOW TO TREAT THEM	13	2 hours
SEMINAR: ANTIBIOTICS - A WEAPON THAT LOSES POWER!- Bihac	22	2
WORKSHOP: QUICK AND HEALTHY MEAL PREPARATION - Bihac	11	5 x 2 groups
SEMINAR: „Nutrition for health in old age”- Sarajevo (Project “Age is just a number”)	25	2
SEMINAR: „Nutrition for health in old age” – Tuzla (Project “Age is just a number”)	27	2
SEMINAR: “Nutrition in the golden age - for health and vitality” – Bihac (Project “Age is just a number”)	39	2
SEMINAR: HELLO, WISDOM - how to nurture mental health (Project “Age is just a number”) -Sarajevo	29	2
SEMINAR: HELLO, WISDOM - how to nurture mental health (Project “Age is just a number”)- Bihać	30	2
SEMINAR: “Quality of life in the third age - how to nurture mental health?” (Project “Age is just a number”) - Tuzla	23	2
AROMATHERAPY YOGILATES FOR WOMEN OF THE THIRD AGE – Sarajevo (Project “Age is just a number”)	25	8 trainings
PILATES FOR WOMEN OF THE THIRD AGE – Bihać (Project “Age is just a number”)	11	8 trainings
PILATES FOR WOMEN OF THE THIRD AGE - Tuzla (Project “Age is just a number”)	15	8 trainings

Campaigns and actions

Solidarity through the “Woman to Woman” campaign – Aid for women in Turkey and Syria

Nahla’s employees, volunteers, and beneficiaries prepared more than 1,500 support packages filled with compassion, hope, solidarity, and unity for the women in Turkey and Syria, who were affected by the earthquake. With an exceptional response and human kindness, our fellow citizens showed that values such as humanity, hope, strength, and faith guide us when it comes to human lives and fellowship.



Activism against gender-based violence

As part of the “16 Days of activism against gender-based violence” campaign, we organized seminars that covered topics related to violence in relationships, marriage, and families, as well as women’s rights and protection mechanisms.

With the aim of increasing awareness of the importance of peace and nonviolence during times when social events are filled with violence, we organized a webinar for a wider audience on the topic: “What are the chances for peace and nonviolence in turbulent and violent times?”

Blood Donation Campaign

In collaboration with the Institute for transfusion medicine of the Federation of Bosnia and Herzegovina, we conducted a campaign aimed at encouraging citizens to participate in a blood donation that took place in Nahla’s premises.

The team for transfusion medicine registered a total of 25 people interested in donating blood.

BUSINESS SUPPORT AND MENTORING

An opportunity to practice acquired
knowledge in a safe environment

ADVANCES IN THE FIELD OF BUSINESS SUPPORT

- Over 60% of people who completed the Skills4Digital program (90 long-term unemployed women) and received the necessary education and practice were employed 6 months after the training.
- In cooperation with the Association for Internet Trade the first "Guide to a successful online business" was created, a very necessary and useful manual for everyone who wants to do business online. The manual was evaluated by the professional public as of high quality and remains available online to the entire business community.
- On the occasion of World Women's Entrepreneurship Day the Minister of Economy of Sarajevo Canton Adnan Delić visited CEI Nahla and addressed those present at the panel organized by Nahla as part of Women's Entrepreneurship Days.

Mentoring in the field of Community Management and Visual Communication

In the previous year, we aimed to involve **90 long-term unemployed women** from Sarajevo, Tuzla, and Bihać who had undergone training and development in the areas of community management and visual communication **in creating a higher-quality e-commerce market**.

Upon the educational process, we directed this resource toward establishing a higher quality online environment for 15 businesses that are operating in

Bosnia and Herzegovina. Through the process of acquiring technical and creative skills by long-term unemployed individuals and through the establishment of connections with employers, numerous opportunities have been created, not only for decent jobs but also motivation for community improvement.

Participants were divided into teams and worked under the guidance of experts on campaigns and materials designed for businesses that are planning to expand their operations in the e-commerce market.

In final events that took place in Sarajevo, Tuzla, and Bihać, we gathered participants, interested audiences and experts in the field for the purpose of presenting their final projects.

This way, in addition to gaining practical experience and first work experiences after their training, participants have been able to empower their communities with their own contribution to businesses in their respective regions.



Azra Kuralić - Your approach to work is crucial!

I graduated in psychology. During the period of my enrolment in the Training for community manager at Nahla Tuzla, I was still a student. I recognized this opportunity as one of the next steps I was taking towards finding employment after finishing my studies. My profession is more focused on understanding the message, but during the training, I learned what kind of message I, as a community manager, will be sending and how it can be perceived by the public.

I was part of a team that, under mentorship, worked on a final project for the Center for education and training - CEO Tuzla. This experience was very valuable to me because of its practical part, learning how a team functions as well as how to approach a client. After the mentorship process and presentation of the project, I continued to seek new opportunities. I got a job at one of the leading meat processing companies in Bosnia and Herzegovina - Menprom d.o.o. The most significant benefit from the process I went through was the practical experience and learning about the approach to work, as sometimes offering specific skills is not enough. I believe that continuously working on improving communication is essential because **open and honest communication is the key to a successful collaboration**.



RE Design as a result of the Skills4Digital Project - Dženana Aljević

The company RE Design was created as a result of an inspirational collaboration and a shared vision. During the visual communications training conducted within the Skills4Digital project, which CER Nahla implemented with the financial support of the Swiss Government, I got in contact with a colleague who was undergoing the community manager training. We worked together on a final project aimed at improvement of a local brand. We realized that our expertise and skills complemented each other perfectly through our work on this joint project, which was the purpose of this type of a learning and practical work approach.

This synergy inspired us to think about starting our own creative agency. Believing in our experience and knowledge in design and communication, we decided to co-found RE Design. Our agency is not just a service provider but also an incubator for creative ideas and innovations.

Nahla provided us with a solid foundation, but my personal initiative, curiosity, and the application of what I learned enabled me to reach current point in my career. I look back at my journey with pride, thankful for the opportunities that enabled my growth and development in the dynamic field of design.



Guide to a successful online business

Through the project Skills for Digital, we also worked on creating a better online environment for 15 businesses in Bosnia and Herzegovina that had previously completed e-commerce training in collaboration with the Association for Internet Commerce "eComm" in Bosnia and Herzegovina and had the opportunity to test the use of a local online selling platform. Led by the idea of making the path to best practices easier and shorter for small and medium-sized company owners, as well as those considering launching their online business, along with partners and expert collaborators, we created the "Guide to a successful online business." This guide had two editions in the past year.

The guide summarizes tips and guidelines, which will help entrepreneurs to develop their business model with optimal investments and the selection of quality partners, not limited only to the local but also the regional and even global markets.

We believe that we will witness the growth and development of numerous Bosnian-Herzegovinian companies and continue to create new success stories for our entrepreneurs in the upcoming period.



On the occasion of Women's Entrepreneurship Day: Fair, panel, workshops, and mentoring at Nahla

On the occasion of marking the Women's Entrepreneurship Day, in partnership with the Ministry of Economy of the Sarajevo Canton, a series of activities were organized with the aim to promote women's entrepreneurship, as well as empower, educate, mentor, and build additional capacities for their work and collaboration.



At the Fair of businesses of BH women entrepreneurs, visitors had the opportunity to purchase products from small businesses owned by women, which are specializing in crafting natural cosmetics and herbal products, decorative household items, jewellery, and clothing.

The panel discussion **"The role of informal education and lifelong learning in**

women's entrepreneurship in Bosnia and Herzegovina" attracted great interest from the audience and addressed some critical questions related to entrepreneurship and learning entrepreneurial skills in our country, especially when it comes to women's entrepreneurship. The discussion highlighted the challenges we face as a society and possible ways to overcome them.

Alma Džanko, entrepreneur - Nahla's fair as a resource for networking

I am Alma Džanko, an architect by profession and now an entrepreneur, the owner of the No.Si brand (a brand of clothing for pregnant and breastfeeding women). My personal story and the inability to find functional nursing clothing were the main driving forces that led me to offer a solution to other mothers. Today, No.Si offers hoodies, sweatshirt dresses, dresses, shirts, blouses, and T-shirts. I don't think that I had any knowledge related to starting a business, except for what I learned through architecture. Most of what I know came from personal research and learning what is important and what a business actually means.

There is so much that can be learned and I'm continuously learning through practice and educational workshops with this purpose mean a lot to me, especially when it comes to mentoring from experts in fields in which I have no formal education but I do have open mind and a heart for new knowledge and experiences of others.

Women entrepreneurs need more systemic support, and this is definitely a long process of change in our society. We need a constant advisory body or a point of contact where female entrepreneurs can seek help when they face "problems" or decisions about what to do next, someone who will direct them or return them to the point of importance for them. This would be a form of constantly accessible mentoring.

During the previous period, I had the opportunity to participate in workshops for women entrepreneurs at Nahla as well as the fair. The best part of this experience, particularly the fair, was networking with other small businesses, female entrepreneurs, as well as visitors. That's why I believe that these types of fairs are very valuable.



Business support and mentoring programs in numbers

NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
COURSE: Public relations - Sarajevo	13	30
WORKSHOP: How to create an outstanding CV? - Bihać	130	5
SEMINAR: "Skillful communication - the key to success?--Tuzla	33	5
SEMINAR: "Self-assessment - authentic personality" - Tuzla	25	5
SEMINAR: "Presentation skills - public speaking, writing CV and motivation letter" - Tuzla	16	3
Course "Basics of accounting and labor relations"- Tuzla	13	3
WORKSHOP: You can run both business and social networks (Project "Women's Entrepreneurship Days 2022") - Sarajevo	19	3
WORKSHOP: Plan your financial success (Project "Women's Entrepreneurship Days 2022") - Sarajevo	11	3
WORKSHOP: External financing and loans for businesses (Project "Women's Entrepreneurship Days 2022") - Sarajevo	3	5
WORKSHOP: "Stress and burnout in the workplace" - Tuzla	20	3
WORKSHOP: "My life roles - should I adapt or change?" - Tuzla	26	3
WORKSHOP: "How to set healthy boundaries?" - Tuzla	23	3
WORKSHOP: "Assertiveness in business communication" - Tuzla	13	3



YOUTH EMPOWERMENT

Education and support for generations
that will change the world

Leadership Programs

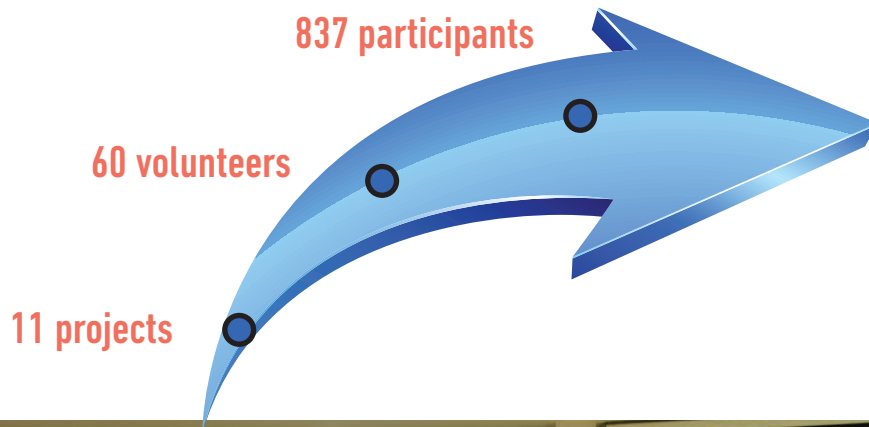
Nahla is not a youth organization, but it is organization that persistently and with dedication works with youth, especially with young women and girls in our society. For years, Nahla has been empowering young people so that they can further contribute to the progress of society. We contribute to development of young leaders through program for students - Nahla's youth club "Tignum", program for high school girls - Teen Club and a program for young activists through the PRVI Initiative.

Nahla's experienced team embeds its knowledge and skills in young people, while young people, trusting the "safe zone" of Nahla, make independent strides through work on their projects. Below you can read more about specific activities and results, but what is indescribable and priceless for us is the change that we see in each participant of these programs, a change that, we believe, will bring many positive steps in their lives as well, but also much more widely through all communities to which these girls will belong and incorporate positive values over the years.



ADVANCES IN THE FIELD OF YOUTH EMPOWERMENT

- Youth programs aligned with the global goals of the United Nations developed through the Sustainable Development Goals 2030 (SDG 2030).
- Young activists in Nahla worked on 11 new projects, from idea to implementation.
- Significant investments in the education and training of persons who work with young people and coordinate their work.








NAHLA'S YOUTH CLUB "TIGNUM"

"Great things are done by a series of small things brought together." (Vincent Van Gogh)

Nahla's youth club is a two-year program through which we work with youth on three levels:

1. Personal development of members through a series of educations and workshops
2. Encouraging activist undertaking and reasoning of members through inspiring stories and examples from practice
3. Project work on topics that they identify as important for young people and develop the project from the idea, through writing, to the very realization and reporting.

Through eight projects, Nahla's youth club "Tignum" in Sarajevo, Bihac and Tuzla demonstrated its willingness to positively change its environment with its ideas and work through the topics of health, ecology and women in science. Our work with young people includes their personal development and empowerment, as well as the practical implementation of their projects through which also they learn a lot. Along the way we try to follow global topics and trends in the education of young people, as well as raising their awareness of the importance of each individual in the problems that are common to all people in all parts of the world. In this regard, youth projects can be easily linked to the global goals developed by the United Nations through the Sustainable Development Goals 2030, which we can see through the following graphic:

		<p>"I choose health - I train"</p> <p>"Stress and anxiety - a modern battle you can win"</p> <p>"Breast Cancer Awareness Month"</p>
		<p>"Innovate to Elevate"</p> <p>"Different about differences"</p>
		<p>"Hortitherapy"</p> <p>"Eco Days"</p>

Breast cancer awareness month activities included distribution of leaflets. A number of free examinations in a private practice were also distributed, and all beneficiaries of Nahla's programs had the opportunity to be selected for free examinations. Members of the Tignum Youth Club in Tuzla, with the support of the Tuzla Community Foundation, implemented the project **"Stress and Anxiety - A Modern Battle That You Can Win"** and within the project organized six workshops for high school students during which the participants could learn how to recognize the symptoms of stress and anxiety and learn how to deal with stress and anxiety. Through the project **"I Choose Health - I Exercise"**, the members of the Tignum Youth Club in Bihać, with the support of the Mo-

zaik Foundation, implemented a practical education program on nutrition and physical activity, and through 10 training sessions with the girls, they worked to raise awareness of the importance of physical activity and healthy nutrition, and practically went through the examples in the fitness center so that the girls can later workout on their own.

Celebrating the International Day of Girls and Women in Science is an activity that Tignum has been carrying out for years and has a special meaning and contribution to the promotion of women in science and the empowerment of girls and women to choose STEM sciences, without pre-conceptions that these are not fields for girls and women. This year, as part of the celebration of the Day of Girls and Women in Science through the campaign called **"Innovate to Elevate"**, we organized a panel discussion, workshops for children and young people, interactive games and quizzes.

The **"Differently About Differences"** project was implemented as part of the REPORTING DIVERSITY NETWORK 2.0 project with the support of the European Union and included education for young activists about human rights, hate speech and practical skills in storytelling in digital format through photo stories, short videos, blogs and podcasts. The project was implemented from May to November 2022.

Ecology is also one of the segments of Tignum's work that is present year after year, in different formats, but always as a strong reminder that a clean environment is a basic prerequisite for healthy community development and that young people expect our support so that we can all do more for our society in this domain. In Bihać, the members of the Youth Club Tignum through the **"Hortitherapy"** project combined care for mental health and care for the ecological awareness of young people, and through the project organized education and practical work with plants, planting and familiarization with the therapeutic effect of working with the earth and plants, consequently making their environment greener and the youth more relaxed and productive.

Understanding Depression and Anxiety Is Important

"Tignum Youth Club gave me many experiences, new friends, and a lot of valuable knowledge which we are not taught in schools. With the support of the Tuzla Community Foundation, we realized the project on mental health of young people and, I hope, helped the participants to better understand the topic of anxiety and depression and find adequate ways to deal with them. Through the workshops with expert lecturers in Nahla, my personal, professional, and spiritual development was also supported. After each meeting in Tignum, I would further expand my horizons and by learning about new topics, I gained the courage and knowledge to further develop myself in various fields. From volunteering at the "Imaret" soup kitchen, at the Center for Children with Multiple Disabilities "Steps of Hope", all the way to the Erasmus+ training in Germany, through which I was able to learn how to hold workshops myself, my resume has been significantly improved by all the experiences I've gained here and I am extremely grateful to Nahla for the brighter future they showed me the way to." - Ilma Zlatić, Youth Club Tignum



“Eco days” is the name of a set of activities that members of the Tignum youth club in Sarajevo realized in cooperation with the Peace Education Hub. Club member, Nedžma Arnautović, was a participant of the Green Academy of the Peace Education Hub and received their support in the implementation of her eco initiatives, which, in addition to greening Nahla, also included raising awareness among young people about the importance of recycling clothes due to the fast fashion trend, as well as a discussion on eco activism.

Teen Club

Nahla's Teen Club gathers girls between the ages of 14 and 18, and although sometimes we also have students in the final grade of elementary school, the majority of the participants of the program are high school students. Our intention is that through two gatherings a year during the winter and summer holidays, young people get to know themselves better and discover their potential, build a strong and healthy personality, recognize their strengths and weaknesses, build psychological resilience, strengthen spirituality and find their purpose in life and become aware of their values.

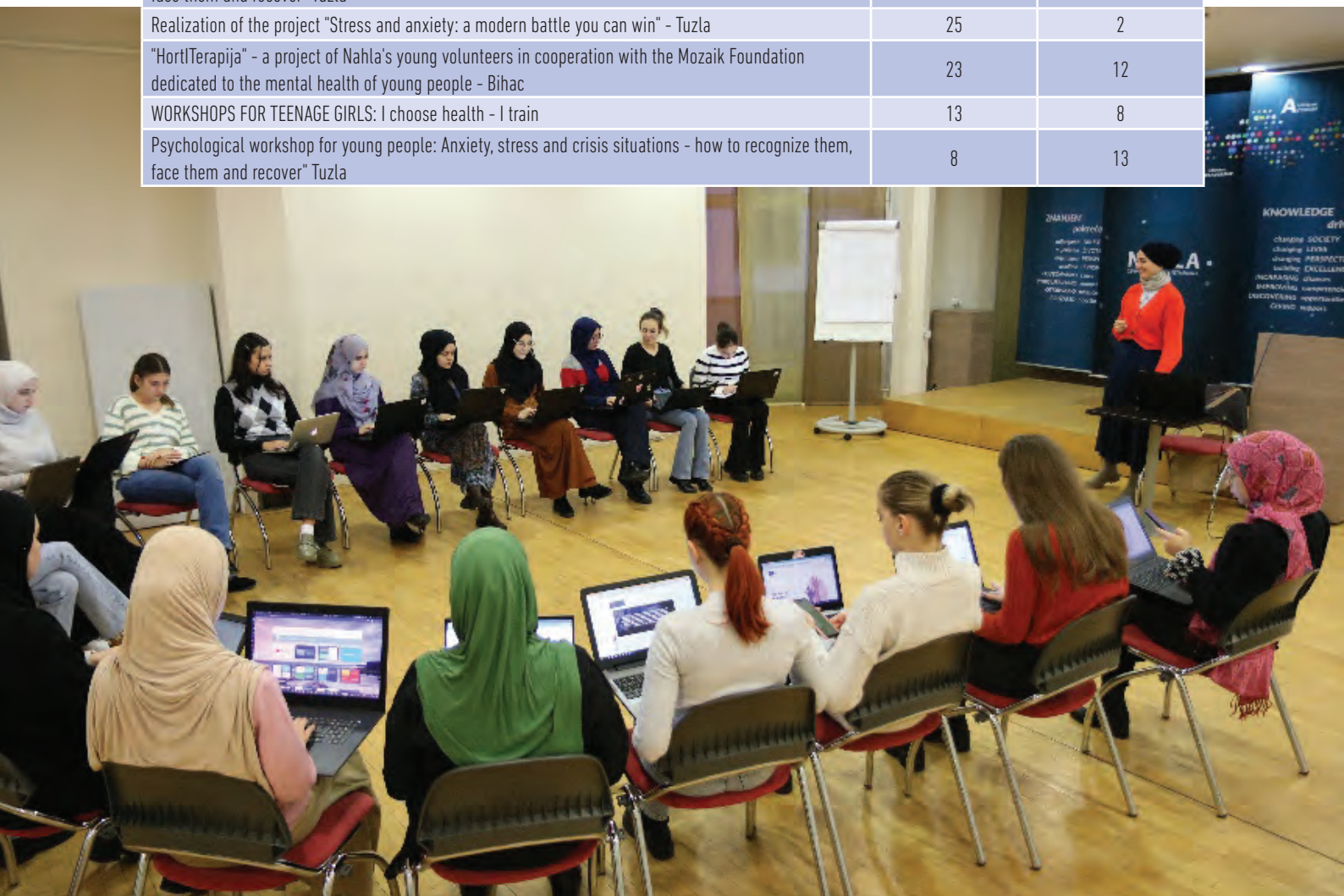
The curriculum of the Teen Club includes work during three years of development of high school girls, and thus we enable the girls who come back to the workshops to always learn something new and to have room for further progress. Girls who go through the entire program feel the benefits that the program has on them as individuals and therefore very often continue to come to Nahla and eventually become members of the Tignum Youth Club.

„Teen club is a big and important experience for me. I attended all four modules and that speaks to how good that program is and how important it is to me. I always highly recommend Teen Club to everyone and it is very important to me that this program is free and thus accessible to everyone. The program is diverse and wide enough that girls of different affinities can enjoy it. Through these four modules at the Teen Club, I developed strong friendships and warm acquaintances, and I am very grateful for that.” – **Amina Fatkić**,



Youth empowerment programs in numbers

NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
NAHLA'S TEEN CLUB - Sarajevo	105	28 X 4 groups
NAHLA'S TEEN CLUB - Bihać	57	28
NAHLA'S TEEN CLUB - Tuzla	13	20
NAHLA'S TEEN CLUB – SUMMER CAMP Bihać	19	40
NAHLA'S YOUTH CLUB KLUB "TIGNUM" - Sarajevo	44	84
NAHLA'S YOUTH CLUB KLUB "TIGNUM" - Bihać	16	54
NAHLA'S YOUTH CLUB KLUB "TIGNUM" - Tuzla	16	68
NAHLA'S YOUTH CLUB KLUB "TIGNUM" (alumni program) - Sarajevo	20	18
NAHLA'S YOUTH CLUB KLUB "TIGNUM" – CAMP - Sarajevo	17	32
Workshop: Tips and tricks for successful time management (as part of the Tignum Open Doors Day)	25	2
Workshop: Emotions one-on-one (as part of the Tignum Open Doors Day)	20	2
"Workshop for young people: Storytelling - creative thinking - Sarajevo	15	3
"Workshop for young people: Storytelling - creative thinking - Tuzla	10	3
"Workshop for young people: Storytelling - creative thinking - Bihać (online)	7	3
"Workshop: Programming in Python for teenage girls (INNOVATE TO ELEVATE project) Sarajevo	8	2
Workshop: Basic Life Support (INNOVATE TO ELEVATE project) Sarajevo	15	2
Workshop: Stay safe online (INNOVATE TO ELEVATE project) Sarajevo	20	2
I'm not an IT person, but I know how to maintain a computer myself (a project of Nahla's young volunteers in cooperation with the Mozaik Foundation) - Bihać	20	23
Psychological workshop for young people: Anxiety, stress and crisis situations - how to recognize them, face them and recover" Tuzla	20	2
Realization of the project "Stress and anxiety: a modern battle you can win" - Tuzla	25	2
"HortlTerapija" - a project of Nahla's young volunteers in cooperation with the Mozaik Foundation dedicated to the mental health of young people - Bihać	23	12
WORKSHOPS FOR TEENAGE GIRLS: I choose health - I train	13	8
Psychological workshop for young people: Anxiety, stress and crisis situations - how to recognize them, face them and recover" Tuzla	8	13



Trainings of Nahla's Staff that Works with Youth

Investing in our internal capacities is a continuous need to strengthen our resources and is in line with the goals of the Strategic Plan 2021-2026 so that we can constantly improve our work. Our colleagues **Zejneb Sherbi**, **Emina Grošić** and **Ilma Čosić** have undergone training in the past year which, we believe, will help them to even better and more competently help young people through Nahla's programs.

„Seventeen other young people, together with me, from cities all over Bosnia and Herzegovina attended the training for professional associates for work with young people, organized by the Institute for Youth Development KULT.

The training included topics related to advocacy campaigns, PR and promotion in work with youth and the legal framework in BiH related to youth, coordinator roles in work with youth and strategic work with youth. We learned experientially, through practical exercises, presentations, analyzes and simulations, so we could also learn a lot about working with young people in practice by observing the educators. The training significantly helped me systematize my already acquired knowledge and experience in working with young people and helped me to better understand the context of working with young people in BiH, where through this type of work we had the opportunity to really deeply understand the contexts of different parts of BiH and their influence on youth sector, challenges and potentials, and get to know the areas of work of other organizations.” (Zejneb Sherbi, Sarajevo)



„I participated in the program “Trauma - oriented peace work in Bosnia and Herzegovina” from December 3rd, 2021 to December 2nd, 2022. This educational program is intended for young people, representatives of youth organizations and organizations that work with young people. Its goal is to create a safe and inclusive space for meetings, dialogue and informal education in the field of peace.

During this program we had the opportunity to get connected and educated about important topics related to peace and mental health. The activities we carried out were a valuable contribution to the process of building sustainable peace in Bosnia and Herzegovina. In addition, the program emphasized the importance of preserving the mental health of young people and creating safe environments for them.

These experiences opened my eyes and deeply inspired me to continue working on building peace and supporting young people in Bosnia and Herzegovina. The program taught me how to approach issues of trauma and conflict in a sensitive way and how to contribute to creating positive changes in the community. This experience will forever remain engraved in my heart as an important step in my personal and professional development” (Emina Grošić, Bihać).



I went through training for trainers Y-PEER organized by the Regional Youth Cooperation Office and The United Nations Population Fund. The training was based on empowering young people with additional competencies and deepening topics in the field of peace building. This program provided me



with additional tools that are essential for engaging young people in solving problems that disrupt both social and mental peace. One of the biggest results is the network of trainers that was developed through this program and shared experiences from different social contexts, since the training brought together young people from the entire Western Balkans. Together with experts from all over the world, we learned about methods of working with young people in post-conflict societies, how to motivate them to think beyond imposed narratives and encourage them to initiate initiatives that will bring general social security and peace. These topics are very important in societies like ours and it was valuable for me to learn how to work on these topics with young people." (Ilma Čosić, Sarajevo).

Initiative PRVI – Nahla's Activists for the Freedom of Religion and Belief

The work of young activists of the **Initiative against Racial and Religious Intolerance (PRVI)** last year was strongly focused on structuring work, training activists and working with a mentor who significantly helped strengthen and guide the work of the Initiative.

Activists this year worked both on established projects of the Initiative, such as their continuous contribution to the recording of hate crimes in BiH and media monitoring within the annual Hate Crime Report for OSCE ODIHR, as well as on new activities such as organizing a fundraising campaign for printing manual for activists in the field of human rights "Islamophobia - How to Oppose It".

Four workshops were also held in Bihać, Jajce, Visoko, Bugojno, and a workshop on the topic of freedom of religion and belief was also held within the project "Differently About Differences". Also, cooperation with youth organizations in Visoko, Bugojno and Jajce was established.

Activists were also active on social networks this year by opening accounts on platforms to further spread the Initiative's messages, but also by using existing platforms to mark the International Day of Combating Islamophobia, the International Day of Human Rights and the International Day of Combating Hate Speech.

NAME OF ACTIVITY	NUMBER OF USERS	DURATION (number of classes)
Workshop for young people: Freedom of thought, conscience and belief (Project "Different about diversity") Sarajevo	13	3
Workshop for young people: Freedom of thought, conscience and belief (Project "Different about diversity") Tuzla	16	3
Workshop for young people: Freedom of thought, conscience and belief (Project "Different about diversity") Bihac	4	3
Workshop for youth: Messages of diversity through street art (Project "Different about diversity") Sarajevo	15	3
Training for representatives of institutions - children's and women's rights and protection mechanisms (Project "For our better future")	15	21
Testing the online module with primary school children on the prevention of the protection of children's rights (Project "For our better future")	100	2 months

NAHLA - A PLACE OF MEETING AND UNDERSTANDING

The role of Nahla at the local and international level

Nahla as a positive practice example

As a civil society organization, we persist in creating a space for meeting and collaboration of different social actors who see an opportunity in our work to do more for our society or find inspiration for what they could do in the future. It is always our pleasure to host both domestic and international organizations, decision-makers, representatives of religious communities, and many other individuals and groups who get acquainted with some specific aspects of Bosnian society through our work, especially the non-governmental sector. **Nahla's centers have been visited by hundreds of organizations from various countries around the world** and the region, and we believe that through these visits, we have opened new doors of understanding and cooperation for the benefit of all we serve, both us and our guests.

Nahla is a positive practice example when it comes to lifelong learning and adult education standards, especially for the economic empowerment of women, as well as an organization that works dedicatedly and purposefully with young people, an organization that finds inspiration in the fundamental values of faith for contributing to positive changes in society. There are just some of the areas of our work, which have led to increasing interest and frequent invitations for visits.

This year, we had several visits from foreign organizations that were particularly interested in our work with youth, activist initiatives, and practices in adult education. Similarly, there was interest in collaboration in this domain from some domestic organizations as well. We had discussions with representatives of the Islamic Community in Bosnia and Herzegovina about our current projects and future collaborations, and we highlighted some of the economic indicators that should be preceded **by support in education and the economic empowerment of women** with representatives of the executive authorities.

Visit of BRAVO organization and youth workers from Italy, Bulgaria, and Croatia

At Nahla, we had the pleasure of hosting youth workers from Italy, Bulgaria, and Croatia, representatives from L'ORMA International, ARBS, and Vera Montis organizations! Our center was one of the addresses they included in their visit plan to Bosnia and Herzegovina, organized in partnership with BRAVO – Bosnian Representative Association for Valuable Opportunities. This visit was an opportunity for them to get acquainted with the work, goals, and impact of Nahla, as well as exchange experiences in working with youth. This was carried out as part of the "BOOST" project, which these organizations had been working on in the previous period.



NAHLA - A PLACE OF MEETING, LEARNING AND UNDERSTANDING

- We hosted over 20 study visits, groups and delegations that studied, exchanged knowledge and gained new experiences in Nahla.
- With a professional and responsible approach we have achieved results that attract the attention of various institutions, organizations, centers and universities throughout Europe and the world.
- During this working year our guests were various important figures from the academic community, political and religious life, which gives us the opportunity to get to know the challenges and opportunities in the environment better.



Nahla shared its experiences in working with youth, with a particular focus on programs that we work with youth – Tignum, Teen, PRVI. During the visit, members of Tignum also shared their experiences with Nahla's youth programs, and they had the chance to exchange their activist experiences with colleagues from other European countries.

A result of this two-year project is a handbook for youth workers with a practical focus on developing transversal skills in young people that BRAVO representatives gifted to Nahla's library.

How to use cultural diversity

Visit of the Youth Bridge Initiative from Munich, Germany



After getting to know each other's organizations and their work, we discussed topics related to social diversity, how to use the advantages of cultural diversity and how to address the challenges it poses to our societies. We explored in which ways we, as individuals and socially responsible groups, can work on preventing the development of stereotypes and prejudices, and how to fight hate speech and hate crimes. We reflected on the past as well, discussing how Bosnian and German societies deal with their histories and whether we are learning valuable lessons from history, especially in the aftermath of wars and conflicts. This brief but substantive gathering was attended by employees of Nahla,

members of Nahla's Youth Club Tignum, and representatives of the Initiative PRVI.

Networking with VHS Ahaus from Germany

Representatives of the Adult Education Center VHS Ahaus from Germany visited Nahla as part of a study visit to Bosnia and Herzegovina together with their colleagues. This visit resulted in an exchange of experiences, an introduction to Nahla's work and activities, and a sharing of positive energy, ideas, as well as opportunities for future collaborations in the field of adult education.



Encouraging activism and community engagement

Visit of young scouts from the UK – Muslim Scout Fellowship

A group of young scouts from the United Kingdom, members of the Scout movement, paid a visit to Nahla during their trip to Bosnia and Herzegovina.

We presented Nahla's work with youth to our guests, the areas and methods we use in our work with youth with the aim of encouraging activism and community engagement. We exchanged our experiences in working with young people, considering their large experience in empowering youth.



Bosnia in transition: The Response of social work

Visit of students from the University of Denver



Students of social studies from the University of Denver visited Bosnia and Herzegovina as part of their course "Bosnia in transition: The response of social work", which is part of their master's degree program. These students study this course on the Denver campus through a two-month program, after which they all travel together to Bosnia and Herzegovina for a two-week visit. The visit was led by Professor Ann Petrila.

During their visit, they have the opportunity to visit various institutions, including the International Commission on Missing Persons (ICMP), the U.S. Embassy, the Association of Srebrenica Mothers, the Srebrenica Memorial Center, as well as various museums. Nahla was one of the non-governmental organizations included in the program for the first time this year. We shared

our experience in working with women and young people, with a special focus on social activism. They had the chance to learn about community work and the progress of Bosnian society through on-the-ground efforts, with a particular emphasis on education and learn about Nahla's role in the community and this form of activism that contributes to improved coexistence and reconciliation.

Andragogical practice of students from the Faculty of philosophy, University of Sarajevo

Third-year students of the Department of Pedagogy at the Faculty of Philosophy, University of Sarajevo, visited the Center for Education and Research "Nahla" as part of their andragogical practice within the course "Fundamentals of andragogy."

This visit was organized in collaboration with Assoc. Prof. Dr. Amina Isanović Hadžiomerović from the Faculty of Philosophy, where CER Nahla has been recognized as a positive example of applying andragogical principles in adult education for years. The aim of the visit was to connect theoretical knowledge with insights into andragogy in practice, exchange of experiences, and understanding of the challenges of working in a center for adult education. Mahira Idrizović, the head of Nahla's education department, and Zejneb Sher-



bi, a coordinator in the education department, introduced the students to our work and approach, presented programs, and discussed trends and guidelines for future contributions to society as a whole. Our guests expressed their curiosity and enthusiasm for Nahla's work during discussions and the tour of Nahla's premises.

Andragogical practice of students from IPF Bihać

During the past year, andragogical practice was implemented for students from the Islamic Pedagogical Academy in Bihać. The aim of this andragogical practice was to introduce students to various aspects of adult education within institutions dedicated to it, to re-evaluate their professional commitments, and assess their personal adaptability to the environment and conditions of work in adult education processes.

Visit by representatives of organization DANTE from Rijeka

The Center for education and research "Nahla" hosted employees of the Adult education institution "Dante" from Rijeka with the aim of exchanging experiences in the field of adult education and discussing opportunities for cooperation in areas of common interest. "Dante" is an organization that has been primarily engaged in adult education for thirty years through promotion and encouragement of individuals to pursue lifelong learning through its rich educational offer. After being introduced to the core areas in which "Dante" operates, CER Nahla's work was presented by Sehija Dedović, the President of the association, Amina Džaferović, the program coordinator in Nahla's business community department, and Mahira Idrizović, the head of the education department.



It was emphasized that the most important connection between the "Dante" institution and CER Nahla is that they have similar target groups, programs, working methods, and a comprehensive societal impact in the region where they operate. The focus of the visit was the exchange of experiences in the field of adult education, the application of didactic methods, as well as the exchange of ideas that would ultimately contribute to better cooperation and the improvement of both organizations' capacities.

Small businesses as drivers of economic development

Visit of the Minister of Economy of Canton Sarajevo, Adnan Delić

On the occasion of Women's Entrepreneurship Day, Adnan Delić, the Minister of Economy of Canton Sarajevo paid a visit to CER Nahla during which he addressed the attendees at a panel organized by Nahla for Women's Entrepreneurship Day. Minister emphasized the potential of small businesses as generators of economic development in any society and emphasized the importance of work on restoring trust in institutions and individuals who hold public office through transparent processes and support programs. Minister Delić introduced the audience to a range of programs through which the Ministry of Economy of the Sarajevo Canton provides support to strengthen and empower women in entrepreneurship.



Collaboration inspired by Islamic values

Visit by delegations from the Mufti Office of Sarajevo and the Mufti Office of Bihać

The visit by Mufti of Sarajevo, Dr. Nedžad ef. Grabus, was an opportunity to emphasize the benefits of collaboration between Nahla as an organization inspired by Islamic values and the Islamic Community in Bosnia and Herzegovina, which is in the interest of all citizens. The intention to intensify collaboration on youth programs was particularly emphasized, given that Nahla has its own youth programs, and the Islamic Community has an active Youth network and it was agreed that further efforts will be made in the future in order for Nahla to provide support and share its experiences in working with young people.

Projects that are planned to continue in the future in multiple mufti offices are "Positive community - a training program for socially engaged work of jamaat committees (includes 50 hours in fields such as communication skills, teamwork, time management, basic strategic planning, and socially



engaged activities), and "Imams against violence - a program with specially designed workshops through which imams will acquire tools and skills useful for identifying cases of violence and potential perpetrators, as well as providing appropriate care for victims, whether they are women, children, or elderly individuals.

The Mufti of Bihać, Hafiz Mehmed ef. Kudić, visited the Center for Education and Research "Nahla" in Bihać. He met with the Executive Director of the center, Mr. Zineta Horozović, and talked about center's activities and potential modalities of cooperation between Nahla and the Islamic Community. The Mufti highlighted Nahla's work in Bihać as an example of women's quality actions for the progress of society and expressed a desire to continue the collaboration between the center and the Islamic Community.



tween the center and the Islamic Community.

IMPROVING PRACTICES AND SHARING EXPERIENCE IN ADULT EDUCATION

Adult education is a very dynamic field that, like numerous other areas, constantly adapts and grows due to ongoing global changes. Since our very beginnings, it has been very important for us to be aligned with global practices in adult education and apply them to the best of our abilities within Nahla's centers. Throughout this journey, we have greatly benefited from exchanging experience with other organizations, both as learners from them and as sources of inspiration in creating a positive environment for high-quality adult education in their communities.

Collaboration with German higher public schools

Nahla is one of the four Bosnian adult education organizers that is taking part in a collaborative project to connect and network Bosnian organizers with German and European adult education organizers in partnership with DVV International – the Office in Bosnia and Herzegovina. Networking of partner organizations with German higher public schools is aimed at exchanging and improving local practices in adult education. As part of this collaboration, memorandums of understanding have

been signed, which include online meetings, study visits to Germany, as well as the exchange and transfer of know-how until the end of the year of 2024. Mrs. Bettina Brand, Regional Officer of DVV International Bonn, visited Nahla's center, and during her visit, we discussed Nahla's experiences and practices, along with the challenges faced by adult education organizers in Bosnia and Herzegovina.

Study visit to VHS Magdeburg

After the signing of a Memorandum of Cooperation between CER Nahla and the City's Higher Public School Magdeburg (VHS Magdeburg, Germany) in October last year, in partnership with DVV International – the Office in Bosnia and Herzegovina, the President of CER Nahla and the Executive Directors of Nahla's educational centers in Sarajevo, Bihać, and Tuzla paid visit to the partner school in the period from June 4th to June 10th, 2023, with the aim of exchanging and improving local practices in adult education.



During the study visit to VHS Magdeburg, representatives of CER Nahla got familiar with details of quality control, work procedures, the online platform for adult learning, procedures of enrolment orientation, analysis of needs, and the approach to the target group, as well as the software used in practice. These working methods were analysed in practice through participation in various teaching units, since the offer of VHS is directed to all layers of the population and it is aimed to cover existing educational needs and start new ones.

We observed that, although German and Bosnian-Herzegovinian societies differ in terms of adult education, both organizations share many similar practices and common challenges in their work. The insights we gained are encouraging for us and will help with the improvement of practices that have been identified as necessary in our work for quite some time. Now, we have practical examples of how these improvements have been implemented, and we will do our best to incorporate as many of these positive practices as possible into Nahla's educational centers.

Regional Advocacy Academy for Adult Education

At the beginning of the month of June, Sarajevo was host to the Regional Advocacy Academy for Adult Education organized by DVV International for representatives from six project countries in the regions of Eastern neighbours, Caucasus, and Southeast Europe.

CER Nahla took part in the academy's activities as part of the delegation from Bosnia and Herzegovina and hosted the visit of adult education stakeholders from the aforementioned countries. This provided an opportunity for the exchange of experiences and the presentation of best practices from the work of Nahla.

Nahla as an example of an adult education center at a conference in Georgia

The conference “Adult Learning and Education in the South Caucasus Region: Turning Points” brought together experts, political actors, and activists in the field of adult education from Georgia, Armenia, Bosnia and Herzegovina, Germany, Ukraine, Moldova, Tajikistan, Uzbekistan, and Kyrgyzstan. Nahla was presented as an example of an adult education center through a presentation on the topic “Empowering women through education in Bosnia and Herzegovina” and through participation in a panel discussion.



International conference “The role of adult education in the development of local communities”

An international conference was held in Chisinau, Moldova, organized by DVV International in collaboration with the European Association for the Education of Adults (EAEA), whose membership was joined by CER Nahla last year. At the conference were presented experiences in promoting adult education, with special emphasis on non-formal education through centers operating in local communities and through cooperation with local authorities. Nahla participated in the conference as well as the organized meeting of members of the European Association for the Education of Adults.



SUCCESSFUL COLLABORATIONS ON
PROJECTS AND NEW PARTNERSHIPS
IN 2022/2023



SUCCESSFUL COLLABORATIONS ON PROJECTS AND NEW PARTNERSHIPS IN 2022/2023

Improving tourism in the Una-Sana Canton in collaboration with USAID

The project “Building a culture of excellence in hospitality - Training for innovative tourism experience in the Una-Sana Canton,” gathered 136 participants, who made significant progress in improving their tourism skills over the past 12 months.

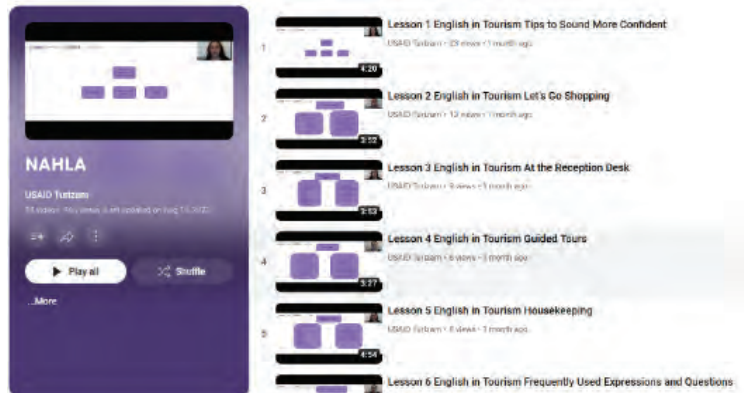
By providing modern practical skills to individuals working or aspiring to work in the tourism and hospitality sector, this project contributed to raising the quality of tourism services and increasing employment opportunities for new workers in the tourism sector in Bosnia and Herzegovina.

A special value of the project that remains as a lasting legacy to the local community is the creation of 18 video lessons that have become part of the educational platform for tourism workers, TurizamAcademy. Free lessons in three areas: excellence in hospitality, English in tourism, and hygiene in tourist accommodation, are available for further skill development for all tourism workers in Bosnia and Herzegovina.

The primary direct beneficiaries of the project were young individuals, primarily young women, who were either already employed in the tourism sector but lacked qualifications and skills, or were unemployed and aimed to acquire the necessary skills for working in tourism sector. With this project, their skills and competencies were significantly improved, as well as their competitiveness in the labour market. In this way, a direct intervention was made to improve the current situation of unemployed young people in the Una-Sana Canton (USC), which is the reason why the issue of emigration and depopulation is very present.

During the project's implementation, employers from the USC region engaged their employees in training, recognizing the importance of the Una-Sana Canton as one of the main tourist regions in Bosnia and Herzegovina, with great development potential and employment opportunities for a considerable workforce in the years to come.

The project “Building a culture of excellence in hospitality - Training for innovative tourism experience in the Una-Sana Canton” was supported by USAID through the USAID Tourism project, the Institute for Youth Development Kult Sarajevo through the CHANGE project, the Center for Culture and Tourism Cazin, the City of Bosanska Krupa, and the Public Institution “Center for Culture, Education, and Information” Bosanska Krupa. It was implemented by the Center for Education and Research Nahla, branch Bihać.



Hive – Film screenings in 5 Bosnian cities

CER “Nahla,” with the support of the Swiss Embassy in Bosnia and Herzegovina, organized special screenings of the award-winning documentary film “Hive” and accompanying panel discussions on the topic of gender equality in various aspects of life in five Bosnian cities from September 2022 to January 2023. This journey, filled with emotions, encounters, the exchange of experiences, and exceptional entrepreneurial energy, started in Bihać, continued through Travnik and Goražde, and concluded in Brčko and Tuzla. The film “Hive” was successfully presented as an inspirational story that motivated and connected women entrepreneurs in smaller local communities.



During the panel discussions following the film, we engaged in conversations with representatives from the Swiss Embassy in Bosnia and Herzegovina, local self-government units, various associations working in the fields of gender equality and women's empowerment, as well as local female entrepreneurs who have, through great effort, scripted their own success stories.

This project has achieved several significant results:

- An open dialogue was established on important topics that are often avoided or neglected in Bosnian-Herzegovinian society, such as gender equality, gender roles, stereotypes and prejudices, entrepreneurship, women's employment, prejudices, violence, and support for women.
- By raising critical questions with local authorities, we emphasized the importance of gender equality issues and stimulated discussions on policies and attitudes within local communities, as well as provided participants with insights into the activities of their local communities in this regard.
- Women from diverse backgrounds found the courage and motivation, as well as a space to share their stories of success, network with other women, and start working on improving their social status and quality of life.
- We established contact with more than 170 NGOs from the Una-Sana Canton, the Central Bosnia Canton, the Tuzla Canton, the Brčko District, and a significant number of them had their representatives at the screenings and panel discussions.
- We achieved significant media outreach through media appearances, promotional campaigns in local media, as well as posts on various platforms with intense social media interaction in the comments, where participants shared their impressions and support for both these topics and work of Nahla.

A total of 730 people attended the film screenings, and 22 panelists took part in the panel discussions.



Collaboration on the EU project “For our better future”

The Center for Education and Research “Nahla,” in partnership with the organizations Zavod “Krog”(Circle) from Slovenia and the Association “Medica” from Zenica, with financial support from the European Union, has been implementing the project “For our better future – Protection and promotion of children’s and women’s rights in Bosnia and Herzegovina” from March 2021 to November 2023. The aim of this project is to raise awareness and educate women and children about their rights and empower them to promote and protect their rights in their local communities.



A group of 20 women from various non-governmental organizations and a group of 30 children from 10 schools across the Federation of Bosnia and Herzegovina were selected through a detailed selection process to undergo training as trainers for human rights and violence against women as well as trainers for children’s rights and violence against children. The process of selection of participants, guided by well-defined criteria, ensured the involvement of highly responsible individuals ready to contribute to their communities and share the knowledge and skills acquired during the training in the field of women’s and children’s rights. Upon completing the training, they conducted dozens of awareness-raising sessions on women’s and children’s rights for their peers. Through these sessions, more than 400 children and 200 women shared their experiences, learned about their rights, violence, and protection mechanisms.

As part of this project, special online education modules on women’s and children’s rights and mechanisms to combat violence were created and will serve as a lasting legacy of this project for use in schools and organizations. The use of interactive online modules extends the scope and impact of this project on reaching those who were not initially covered by the awareness-raising sessions on women’s and children’s rights, violence, and protection mechanisms. These online modules were tested with 100 students in schools in the Una-Sana Canton, Tuzla Canton, and Sarajevo Canton during 2022/2023.

Furthermore, training sessions for representatives of institutions and decision-makers were organized in the field of women’s and children’s rights and gender-based violence, after which they prepared and implemented their initiatives to raise awareness about violence in local communities.



Nahla as part of the Local partnership for the activation and integration of unemployed persons into the labour market

In March 2022, CER Nahla became a part of the selected partner network that developed local employment initiatives and provided vocational training and requalification for at least 1600 unemployed individuals. This partner network was established by the International Labour Organization (ILO) in Bosnia and Herzegovina within the framework of the “Support to European Union Local Employment Partnerships – Phase II” (LEP II) project, which is funded by the European Union. **As a member of this partnership, in the period from April 2022 to November 2023, Nahla implemented IT-oriented education programs for unemployed women in the Sarajevo Canton and sewing and tailoring education programs along with career counselling and providing assistance in employment seeking process.**

The partnership, in addition to CER Nahla, includes: the Municipality of Novi Grad Sarajevo, the Public employment service of the Sarajevo Canton, Dizart Ltd. – Center for adult education, TMP employment society for the blind and visually impaired Ltd. Sarajevo, the Association of Trainers in BiH - CEFE, and Herbal Spa Ltd. Sarajevo.

Following the completion of the UI/UX design training within this collaboration in the previous year, an improved curriculum for sewing and tailoring training was prepared during this working year, and this training program has been accredited as publicly valid by the Ministry of Education and Science of the Sarajevo Canton. It was conducted at our center in Sarajevo for 11 female participants who were trained for this profession.

Upon completing the training, the participants took part in a career counselling process and were connected with potential employers for employment purposes. Most of the trainees had no prior knowledge when they entered the educational process and after 5.5 months of hard work under the mentorship of the instructor Selma Subašić, they mastered the basics of sewing and tailoring clothing items, including: skirt, blouse, pants, dress, and blazer. They submitted their final projects and are now ready for the job market in the textile industry.

Out of the eleven participants, six have already gone through the selection process and started their trial employment, and they are expecting the signing of employment contracts soon. The remaining participants are actively seeking employment and communicating with potential employers.



Improving the quality of life for senior women through collaboration with the Red Cross Society

After 10 months and successful completion of 12 organized activities in Sarajevo, Bihać, and Tuzla, the project “Age is just a number – supporting senior women through education, socialization, and prevention” has concluded. During this project, **a total of 249 senior women** have gained new knowledge, skills, and friendships. Through this collaboration, Nahla made a significant leap in organizing specially designed activities for senior women.

Women aged 50+ had the opportunity to participate in:

- **Motivational seminars on physical health and nutrition** that helped them learn how to adapt their diet to the senior age and how to prevent various health conditions through nutrition;
- **Motivational seminars on mental health** that provided them with insights into coping with the challenges associated with the aging process and different breathing and relaxation techniques;
- **Therapeutic, creative, and relaxation workshops** (weaving, painting, knitting, aromatherapy yoga, and pilates) that served as a form of antistress therapy and motivation to incorporate this kind of activities into their daily lives.



The great enthusiasm and response from these senior women regarding all the activities organized within this project emphasize the need and desire for activities that improve their daily lives, enabling them to age actively and continue learning new skills:

“The course was excellent, all the women showed great creativity and dedication. I would like to thank everyone who allowed us to have a wonderful time and learn something about weaving.” (Enisa, 64)

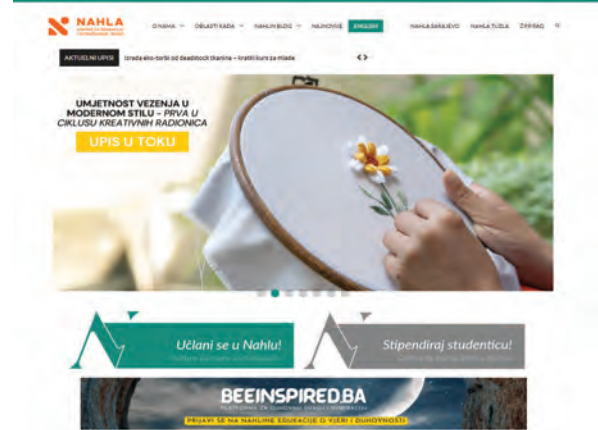
“To our delight, the group was multi-ethnic, which was wonderful because we could exchange various experiences and interesting stories. I hope that there will be more of these activities in the future, since they are much needed at our age and bring special joy to retirees with modest incomes.” (Mira, 69)

The project “Age is just a number – supporting senior women through education, socialization, and prevention” was realized by the Center for Education and Research “Nahla” in collaboration with the Red Cross of Bosnia and Herzegovina. The project was financed by the European Union with the support of the Austrian Development Agency and the Austrian Red Cross.

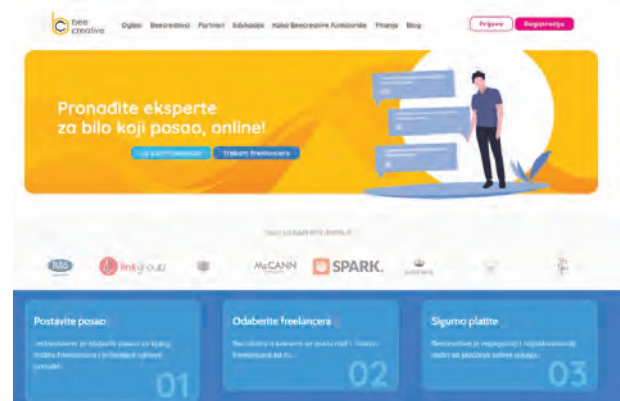
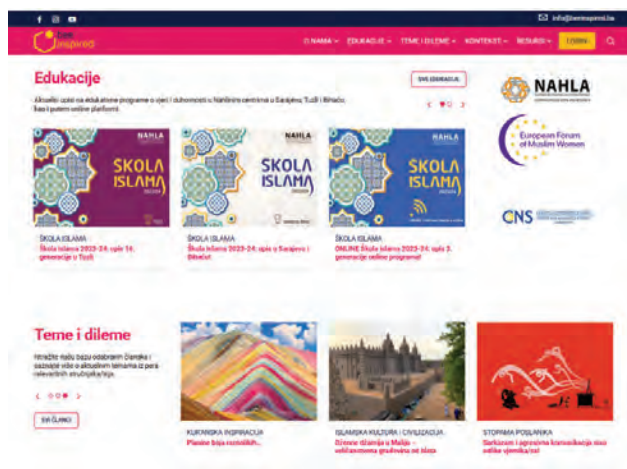


NAHLA ONLINE 2022/2023

WEB PAGES



nahla.ba
bihac.nahla.ba
tuzla.nahla.ba
beecreative.ba
beeinspired.ba



SOCIAL MEDIA



69590

followers on social media



@CEINahlaSarajevo - 21346
@nahlabihac - 8995
@NahlaTuzla - 8418
@KlubTignum - 3400
@NahlinaPoslovnaZajednica - 2756
@InicijativaPRVI - 357
@beeinspired.ba - 6589
@beecreative.ba - 693
@BeeSocial - Agencija za marketing - 660
@nahlafitness Sarajevo- 1706
@nahlinfitnesscentar Bihac - 1100
@NahlinFitnessCentarTuzla - 1100
@Ježeva kućica - Nahlina pametna igraonica - 1300
@medenakucicanahla - 205
TOTAL: 58625



@cei.nahla.sarajevo - 3660
@nahlabihac - 2164
@nahlatuzla - 664
@beeinspired - 223
@beecreative - 227
@beesocial - 320
@nahlin_fitness_centar Sarajevo - 205
@nahlinfitnesscentarBihac - 932
@klubmladihtignum - 617
@jezevakucica_pametnaigraonica - 391
@medenaakucica - 151
TOTAL: 9554



CEI Nahla - 92
Bee Inspired - 92



Centar za edukaciju i istraživanje "NAHLA" - 1227

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THE EDUCATION OF ADULTS



DRUŠTVO CRVENOG KRSTA/KRIŽA BOSNE I HERCEGOVINE
ДРУШТВО ЦРВЕНОГ КРСТА/КРИЖА БОСНЕ И ХЕРЦЕГОВИНЕ
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Ministarstvo za odgoj
i obrazovanje



Ministarstvo privrede
Kantona Sarajevo



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OSOBA SA INVALIDITETOM



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City of Sarajevo



GRAD BIHAĆ



OPĆINA
NOVI GRAD
SARAJEVO



GRAD
BOSANSKA KRUPA



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Darujte zajednici, darovali ste sebi!



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